

# CLASS TIMETABLE

## 2022/2023 DANCE YEAR



Classes run at their regularly scheduled time September–June and at adjusted times July–August.

### SEPTEMBER 2022 – JUNE 2023

CLASS	DAY	TIME
Tots	Saturday	9–9:30am
Beginner 1	Saturday	9:30–10:15am
	Monday	5:15–6pm
Adv. Beginner	Saturday	10:15–11:15am
	Wednesday	5:30–6:30pm
Intermediate	Saturday	11:15am–12:15pm
	Wednesday	6:30–7:30pm
Advanced	Saturday	3:15–4:45pm
	Monday	6–7:30pm
	Thursday	6–7:30pm
Championship	Saturday	12:15–2:15pm
	Monday	7:30–9:30pm
	Thursday	7:30–9:30pm
Adult Beginner & Adult Intermediate	Tuesday	6–7:30pm
	Saturday	2:15–3:15pm
Adult Advanced teams add-on	Tuesday	7–7:30pm
Adult Advanced solos	Tuesday	7:30–8:30pm*
	Saturday	2:15–3:15pm
Majors Prep (solos)	Sunday	9–11am
Majors Prep 8H	Sunday	11–11:45am
Majors Prep 4H	Sunday	11:45am–12:30pm

\*Adult Advanced combines with Adult Beginner & Intermediate beginning June 13 (6–7:30pm)

\*\*Saturday classes do not run in July & August. Therefore, dancers that attended Saturday classes are automatically enrolled in the corresponding weeknight class(es) as a replacement.

### JULY 2023 – AUGUST 2023\*\*

CLASS	DAY	TIME
Beginner 1	Monday	5:15–6pm
Adv. Beginner	Wednesday	5:30–6:30pm
	Wednesday	6:30–7:30pm
Intermediate	Monday	6–7:30pm
	Thursday	6–7:30pm
Advanced	Monday	7:30–9:30pm
	Thursday	7:30–9:30pm
	Wednesday	7:30–9:30pm
Championship	Monday	7:30–9:30pm
	Thursday	7:30–9:30pm
	Wednesday	7:30–9:30pm
Adult Combined	Tuesday	6–7:30pm

### WORKSHOP SCHEDULES

#### SEPTEMBER 8–11

CLASS	DAY	TIME
Intermediate	Friday	3–4pm
	Saturday	3:30–5:30pm
Advanced	Saturday	8–10am
	Sunday	3–5pm
Championship	Thursday	7:30–9:30pm
	Friday	4–9:30pm
	Saturday	10am–3:30pm
4H teams	Sunday	9:45–10:30am
	Sunday	10:30–11:15am

#### MAY 4–7

Intermediate	Friday	3–4pm
	Saturday	11:15am–1:15pm
Advanced	Saturday	1:45–3:45pm
	Sunday	9:30–11:30am
Championship	Thursday	7:30–9:30pm
	Friday	4–9:30pm
	Saturday	3:45–9:15pm
	Sunday	12–3pm

# IMPORTANT DATES

## 2022/2023 DANCE YEAR



### SEPTEMBER 2022

#### BONUS PRACTICE CHALLENGE: STRENGTH

- Sept. 7:** Classes begin
- Sept. 10:** No classes for Tots, Beginner, Adv. Beginner, Adult
- Sept. 9-11:** Workshop weekend with Irish coach for Intermediate, Advanced, Championship & Oir. teams
- Sept. 17:** International Irish Dance Day
- Sept. 18:** Majors prep (solos and teams) begins
- Sept. 24:** Feedback report day, mental workshop day for Intermediate, Advanced, Championship

### OCTOBER 2022

#### BONUS PRACTICE CHALLENGE: TECHNIQUE

- Oct. 1:** September practice points due by email
- Oct. 8:** No regular classes, majors prep (solos and teams) taking place instead at regular times
- Oct. 9:** No majors prep (solos and teams), lessons occurring Saturday instead
- Oct. 10:** No class for Beginners, classes running for Advanced and Championship
- Oct. 22:** Halloween costume day
- Oct. 27-Nov. 1:** No classes, Oireachtas
- Oct. 22:** Feedback report day

### NOVEMBER 2022

#### BONUS PRACTICE CHALLENGE: FLEXIBILITY

- Nov. 1:** October practice points due by email
- Nov. 1:** No classes, Oireachtas
- Nov. 2-7:** No Championship class, post-Oireachtas
- Nov. 6:** Symphony rehearsals begin (Sundays, 9-11am through Dec. 18)
- Nov. 26:** Feedback report day

### DECEMBER 2022

#### BONUS PRACTICE CHALLENGE: FLEXIBILITY

- Dec. 1:** November practice points due by email
- Dec. 7:** Holiday show (all classes)
- Dec. 7:** No classes, Holiday Show
- Dec. 10:** Last day of regular classes before break
- Dec. 22 & 23:** Christmas with Heather Rankin & Symphony Nova Scotia performances
- Dec. 10:** Feedback report day

### JANUARY 2023

#### BONUS PRACTICE CHALLENGE: FLEXIBILITY

- Jan. 1:** December practice points due by email
- Jan. 9:** Classes resume after break
- Jan. 28:** Feedback report day

### FEBRUARY 2023

#### BONUS PRACTICE CHALLENGE: TECHNIQUE

- Feb. 1:** January practice points due by email
- Feb. 18-20:** No classes, Heritage Day
- Feb. 25:** Feedback report day, mental workshop day for Intermediate, Advanced, Championship

### MARCH 2023

#### BONUS PRACTICE CHALLENGE: STRENGTH

- Mach 1:** February practice points due by email
- March 4-8:** St. Patrick's Day costume days
- March 5:** School Feis (all classes)
- March 12:** St. Patrick's Day Parade (TBC)
- March 11-19:** No classes, March break
- March 25:** Feedback report day

### APRIL 2023

#### BONUS PRACTICE CHALLENGE: FLEXIBILITY

- April 1:** March practice points due by email
- April 2-9:** World Irish Dance Championships (Montréal)
- April 9-10:** No classes, Easter (note classes are running April 8)
- April 15-18:** No classes, ACIDC
- April 14:** Grade Exams
- April 15 & 16:** ACIDC Feiseanna (all classes)
- April 29:** Feedback report day

### MAY 2023

#### BONUS PRACTICE CHALLENGE: TECHNIQUE

- May 1:** April practice points due by email
- May 4-7:** Workshop weekend with Irish coach for Intermediate, Advanced, Championship
- May 20-22:** No classes, Victoria Day
- May 27:** Feedback report day, mental workshop day for Intermediate, Advanced, Championship

## JUNE 2023

**June 1:** May practice points due by email

**June 10:** Last day of Tots class

**June 11:** Recital (all classes)

**June 13:** Adult classes merge for summer (6-7:30pm)

**June 24:** Last day of class before NAIDC break (except Championship)

**June 29:** Last day of Championship class before NAIDC break

**June 25–July 9:** No classes, NAIDC (except for Championship class June 26 & 29)

**June 24:** Feedback report day

## JULY 2023

**June 25–July 9:** No classes, NAIDC

**July 10:** Classes resume at adjusted times for summer

**July 24 & 26:** Feedback report day

## AUGUST 2023

**Aug. 3:** Last day of classes except for Advanced and Championship

**Aug. 4:** Grade Exams (TBC)

**Aug. 5 & 6:** Fundy Feis and Feis Nova Scotia (all classes)

**Aug. 7:** No classes, Natal Day

**Aug. 9:** Teams practices begin (time TBC)

**Aug. 10:** Final day to return costumes

**Aug. 31:** Last day of class for Advanced and Championship

**Aug. 31:** Feedback report day

## FEISEANNA DATES

For feiseanna dates and listings across North America, please visit [www.love2feis.com](http://www.love2feis.com) and [www.idtana.org](http://www.idtana.org). Rising Tide dancers are eligible to attend any CLRG-sanctioned feiseanna worldwide.